

Ashleigh Rest Home Ltd

Ashleigh Rest Home

Inspection report

17 Beech Grove
Ashton
Preston
Lancashire
PR2 1DX

Tel: 01772723380

Date of inspection visit:
13 January 2022

Date of publication:
26 January 2022

Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	Inspected but not rated
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Summary of findings

Overall summary

Ashleigh Rest Home is a residential care home providing personal and nursing care to 11 people aged 65 and over at the time of the inspection. The service can support up to 11 people. The care home had eleven private rooms and two communal lounges one of which had a dining area with comfortable seating, for people to enjoy.

We found the following examples of good practice:

Staff had a designated changing room to put on and take off personal protective equipment (PPE) and uniforms safely with access to a shower and hand washing. Staff wore appropriate PPE to ensure people were protected as much as possible from the risk of cross infection. PPE points were located throughout the home and there was an ample supply of PPE in stock. Hand sanitisation points were on entry to the home and staff had access to pocket hand sanitiser to use when required. Staff had received training on how to put on and take off PPE safely including agency that attended the home. Enhanced cleaning was being completed throughout the day, to ensure the home remained clean and the risk of cross infection was reduced.

There were clear processes in place for visitors to the service. They were screened for Covid 19 symptoms on arrival, had to show a negative lateral flow test and vaccination status. They were also supported and required to wear appropriate PPE and maintain social distancing during their visit. A small lounge next to the entrance had been designated for visits which spread out by being booked in advance. During a recent outbreak at the home and in agreement with family and friends visiting had been restricted as advised by the local infection and prevention control team but the service had supported people to stay in contact with family and friends through regular video calls, window visits and telephone calls. The outbreak was effectively managed by the home with no other residents or staff tested positive for COVID-19.

The service participated in whole home testing and meeting COVID-19 requirements for people visiting the service(who are not exempt).

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Detailed findings can be found below.

Inspected but not rated

Ashleigh Rest Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 13th January 2022 and was announced. We gave the service 24 hours notice of the inspection.

Is the service safe?

Our findings

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- We were assured the provider was facilitating visits for people living in the home in accordance with the current guidance.