

Voyage 1 Limited

# Sunnyside Respite Service

## Inspection report

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11 February 2022

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## Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

Sunnyside Respite Service is a care home with nursing, registered to provide care and support for up to 15 people with learning disabilities, people with autism and people living with dementia. The service is provided in two separate buildings. One building is used for respite care and can accommodate up to four people. The larger building supports people on a longer-term basis. Ten people were using the service at the time of the inspection. The smaller, respite unit was not in use at the time of the inspection.

We found the following examples of good practice.

People's relatives were able to visit them in a safe way and in line with government guidance. Visits were booked in advance to help with maintaining social distancing. People were also supported to keep in touch with their relatives by social media, video calls, texts and telephone calls.

Infection prevention and control measures were in place and staff understood how to prevent the spread of infection. Staff wore personal protective equipment (PPE) in line with current guidance. Staff completed training in infection control, hand hygiene and putting on and taking off PPE.

There were measures in place to prevent the spread of infection at the entrance, and throughout the building. These included plentiful supplies of PPE and hand sanitiser. People using the service and staff were tested for COVID-19 regularly in line with government guidance. People were supported to self-isolate if they tested positive. The home was very clean and areas such as door handles and light switches were cleaned regularly.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Sunnyside Respite Service

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of COVID-19, we are conducting reviews to ensure that the Infection Prevention and Control (IPC) practice is safe and that services are compliant with IPC measures. This was a targeted inspection looking at the infection prevention and control measures the provider has in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 11 February 2022. We called the service to give three hours notice of the inspection.

# Is the service safe?

## Our findings

### Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures.

### How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using personal protective equipment (PPE) effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

### Visiting in care homes

- The provider was facilitating visits for people living in the home in accordance with current guidance.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The Government has announced its intention to change the legal requirement for vaccination in care homes, but the service was meeting the current requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.