

Fernbrook Care Homes Limited

# Fernbrook House

## Inspection report

37-47 Fernbrook Avenue  
Southend On Sea  
Essex  
SS1 2QW

Tel: 01702460364

Date of inspection visit:  
24 February 2022

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15 March 2022

## Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

Fernbrook House is a nursing home providing personal and nursing care to people aged 65 and over. The service can support up to 30 people and at the time of the inspection there were 25 people living there. The service is in a residential area and accommodates people in an adapted building across two floors.

We found the following examples of good practice.

People and staff had regularly been tested for COVID-19 and where positive results had been returned the registered manager had acted quickly to support people and mitigate risks.

All staff had received training on infection prevention control and how to use PPE effectively.

The registered manager had followed government guidance on infection prevention control measures and had kept these up to date.

People were supported to have visitors safely and where visits were unable to go ahead alternative contact measures were in place.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Fernbrook House

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 24 February 2022 and was unannounced.

# Is the service safe?

## Our findings

### Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

### How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

### Visiting in care homes

- People were supported to have visitors. The registered manager was following government guidance on screening visitors to mitigate the risk of COVID-19. People received visitors in their own rooms.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The Government has announced its intention to change the legal requirement for vaccination in care homes, but the service was meeting the current requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.