

Carrington House Ltd

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Inspection report

Carrington House
143 Vandyke Road
Leighton Buzzard
Bedfordshire
LU7 3HQ

Tel: 01525853211

Date of inspection visit:
18 March 2021

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16 April 2021

Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Carrington House is a residential care home providing personal care and support for up to 60 people. There were 58 people living at the service at the time of our inspection.

We found the following areas of good practice:

The home had purchased adequate amounts of personal protective equipment (PPE) to ensure that staff could protect themselves and people living in the home. Staff had received training with regard to donning and doffing PPE and were able to explain how they used PPE to protect themselves and to keep people living at Carrington House safe. Used PPE was disposed of as clinical waste and was collected regularly by the contractor.

Visitors were able to meet with people using the service in a socially distanced way in either the family room or the reception area and PPE was provided. Where people were unable to visit in person, alternative ways had been found to keep in touch and this included by phone, tablet and window visits.

A contractor was in place to provide a cleaning service for the home and cleaning schedules had been updated in light of COVID-19 risks. Frequent cleaning of high touch areas was undertaken, both day and night. The home had a large stock of cleaning detergents which had been checked for their efficacy in preventing the spread of COVID-19. Oversight of laundry was comprehensive and housekeeping staff demonstrated a good knowledge of the guidelines in place for washing people's clothing should someone test positive for COVID-19.

All staff undertook both PCR and lateral flow tests in order to protect the people they cared for. Where staff tested positive, they were supported to isolate at home and the appropriate authorities informed. Where staff needed to isolate following guidance from 'Track and Trace', the care home supported people to do so and ensured that they continued to be paid. Staff spoke highly about the leadership approach of managers. Staff who had tested positive for COVID-19 told us that they had been well supported by managers whilst they made a full recovery. All staff had received the first dose of a COVID-19 vaccine.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

See detailed findings below.

Inspected but not rated

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Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 18 March 2021 and was announced.

Is the service safe?

Our findings

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.