

# St Benedict's Healthcare Limited

# St Benedicts Ferndale House

## Inspection report

38 Grove Road  
Gosport  
Hampshire  
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Tel: 02392601220

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03 February 2022

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## Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

St Benedicts Ferndale house is providing care and nursing for men who are living with mental health issues and or dementia. The service can accommodate 18 people there were 18 people living there when we inspected

We found the following examples of good practice.

Alternative communication arrangements were made so people could maintain relationships with relatives and friends. Staff actively supported people to keep in touch with those who could not visit the care home by telephone and using video calls.

Measures were in place to prevent people from spreading infection when admitting a person to the service from a health, social care service or community setting. The service was following the required testing and isolation periods (if required).

Staff had ongoing training in infection control and effective use of personal protective equipment (PPE). They had an accessible file to refer to with all policies and the latest up to date guidance on testing and visiting.

The service had developed a good testing regime for people, staff and visitors. They had a record of all staff's vaccinations to show they were compliant with this being a condition of employment. Similarly, they had a process in place to check any visiting professionals had been vaccinated and were testing for COVID-19.

The provider's IPC policy was up to date.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Inspected but not rated

**Inspected but not rated**

# St Benedicts Ferndale House

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 3 February 2022 and was announced. We gave the service one days' notice of the inspection.

# Is the service safe?

## Our findings

### Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

### How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

### Visiting in care homes

Visiting was safely facilitated using the homes visiting suite which is in a separate building in the garden, a visiting area in the home or the residents own room. Families could visit by appointment and enhanced cleaning was carried out in between each visit. People had individual risk assessments and were supported to go out with family where possible. Essential care givers had been identified and formed part of the homes testing program. People were able to communicate with family and friends using telephones, video conferencing.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.