

Springdene Nursing and Care Homes Limited

Spring Grove

Inspection report

214 Finchley Road
London
NW3 6DH

Tel: 02077944455

Date of inspection visit:
27 January 2022

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14 February 2022

Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

About the service:

Spring Grove is a residential care home providing personal care to 33 people aged 65 and over at the time of the inspection. The service can support up to 46 people. The home provides care and support across five floors. The communal area is located on the ground floor, and over the remaining upper four floors are single and double rooms. One of the floors specialises in providing care and support to people living with dementia who have their own communal area.

We found the following examples of good practice.

Information sharing about the impact and changing guidance around management of COVID-19, including any times where people had tested positive, was well maintained. The provider had been effectively engaging with people using the service and relatives about changes to guidance throughout the pandemic.

Visitors to people were restricted to named individuals, including an essential care giver. The provider was, however, already aware, when we asked, of the government announcement regarding lifting restrictions that was announced during the morning just prior to this visit taking place. This demonstrated that the provider was keeping up to date with latest developments and guidance.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

At our last inspection we rated this key question good. We have not reviewed the rating as we have not looked at all of the key question at this inspection.

Inspected but not rated

Spring Grove

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 27 January 2022 and was announced. We gave the service just under 24 hours notice of the inspection.

Is the service safe?

Our findings

Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures. Regular agency staff were used if cover for any staff absence that occurred. The registered manager told us that these staff were prevented from working in other care services and they had arrangements in place with the staffing agencies to ensure this did not happen. The registered manager also told us that the service had not thus far experienced any significant staffing pressures and were confident that the measures they had in place to respond had been effective.

How well are people protected by the prevention and control of infection

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

Visiting in care homes

The provider was facilitating visits to people living at the home by relatives. The provider was co-ordinating visits to people in a planned way to ensure that not too many visitors were present at the same time. We saw people visiting their relatives in the home at various times during our inspection. A relative who spoke with us during their visit said that the staff at the home had been very helpful in organising this with them.

Care homes (Vaccinations as Condition of Deployment)

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency. We checked to make sure the service was meeting this requirement. We found the service had effective measures in place to make sure this requirement was being met.

