

Methodist Homes Lauriston

Inspection report

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Date of inspection visit:
11 January 2022
13 January 2022

Date of publication:
02 February 2022

Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Lauriston provides nursing and personal care for up to 60 people, some of whom lived with dementia. The home has three units over two floors. At present one unit is currently closed. There were 32 people living in the home.

We found the following examples of good practice

Due to work force pressure the provider had made the decision not to accept new admissions at this time. This was to protect people and staff and keep them safe by mitigating risk of staff shortfalls.

The home was clean and well maintained. There was regular cleaning throughout the day, and this included high-touch areas. Cleaning schedules were in place. The head housekeeper was the infection control lead for the home and undertook checks on the cleaning and related documentation.

Following a small outbreak of COVID-19, the home had followed government guidance and was closed to non-essential visitors apart from those whose visits were essential to the health and well-being of a specific person, for example, end of life care.

Visitors were asked to wear PPE, have a lateral flow device (LFD) test on arrival or have the result of their LFD with them. They were asked to, sanitize their hands and produce their COVID-19 travel pass. This procedure was followed for all visitors to the home including health and social care professionals.

Staff supported people to remain in contact with their families by phone calls and video calls whilst restrictions were in place.

Staff were provided with adequate supplies of PPE and staff were seen to be wearing this appropriately. Staff had received specific COVID-19 training from the provider, and this included guidance for staff about how to put on and take off PPE safely. Updates and refresher training took place to ensure all staff followed the latest good practice guidance. They were seen to be following correct infection prevention and control practices (IPC). Hand sanitiser was readily available throughout the home.

Regular testing for people and staff was taking place. All staff have a weekly PCR and daily lateral flow device test (LFD).

The premises has a variety of communal rooms and people who chose to visit the dining areas or communal areas were supported by staff to maintain social distancing. For example, chairs and tables had been arranged to allow more space between people.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Lauriston

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 11 January 2022 and was unannounced. The inspection was completed on the 13 January 2022.

Is the service safe?

Our findings

Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures. The provider had closed the service to new admissions until the staffing situation was stable.

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- We were assured the provider was facilitating visits for people living in the home in accordance with the current guidance.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.

We have also signposted the provider to resources to develop their approach.