

Stronvar Rest Home Ltd

Stronvar Rest Home

Inspection report

Church Road
Brightlingsea
Colchester
Essex
CO7 0QT

Tel: 01206304007

Date of inspection visit:
02 February 2021

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15 February 2021

Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Stronvar Rest Home is a residential care home, providing personal and nursing care for up to 16 older people. The service accommodates people across two floors, which has separate adapted facilities. On the day of our inspection there were 15 people living at the home.

We found the following examples of good practice.

The provider carries out testing for people living in the service and the staff as per government guidance.

Most people's rooms have patio door facing the garden. Visitors do not step over the threshold at the home however can chat and visit with relatives through the glass patio doors.

Risk assessments directed staff to care for people at the home during the time of non-physical contact with their relatives to reduce peoples fear and anxiety living at the home.

All cleaning processes were documented, monitored, and audited by the registered manager, to ensure compliance with the hygiene and safety measures in place at the home.

Laundry was done in separate wash loads for each person to ensure no cross contamination and well documented.

Staff members stated they felt safe working at Stronvar Rest Home due to the infection control measures that the manager had been introduced and updated regularly for each lockdown through-out the last year since March 2020.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Stronvar Rest Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 02 February 2021 and was announced 24 hours before our visit due to lock down visiting restrictions.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.