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# St Ronans Nursing and Residential Care Home

## Inspection report

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## Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

St Ronan's Nursing and Residential Care Home is a care home registered to provide accommodation and nursing care for up to 46 people, including people living with cognitive impairments and physical needs. People in care homes receive accommodation and nursing or personal care as single package under one contractual agreement. CQC regulates both the premises and the care provided.

We found the following examples of good practice.

The provider had implemented an external visitors' checklist which was completed before and following all visits. This included the completion of a screening questionnaire and health declarations. All visitors, including contractors and visiting professionals were by appointment only and the service ensured there was only one visit in the building at any one time, to help ensure social distancing could be maintained.

Individual risk assessments were completed for each person in relation to them receiving visitors. These gave clear guidance for staff on how visits should be managed to ensure safety for all. In addition, there were detailed and robust risk assessments in place to manage and minimise the risks Covid-19 presented to people who used the service, staff and visitors.

Safe visiting had been considered to allow people to stay connected to loved ones. A visiting pod had been put in place which included full screens, heating and an intercom system to help ensure safe visits. Virtual visits with loved ones had been implemented. Additionally, people were supported to stay connected to the community through digital connection. This had included, concerts from local schools and choirs, reading clubs and a Pantomime from the local theatre.

The care home was kept clean. Staff kept detailed records of their cleaning schedules, which included a rolling programme of continuously cleaning high touch surfaces, such as light switches, grab rails and door handles. We also saw communal areas were kept uncluttered so cleaning could take place effectively. There were appropriate laundry processes in place.

The service had an adequate supply of personal protective equipment (PPE) to meet current and future demand. Staff were using this correctly and in accordance with current guidance. Staff had received training in relation to Covid-19 which included, infection control and use and donning and doffing of PPE. Staff infection control practices and PPE use was closely monitored by the management team, to ensure correct procedures were being followed.

The provider routinely tested people and staff for Covid-19. Staff had access to rapid response lateral flow tests (LFT) as well as standard Polymerase Chain Reaction (PCR) tests.

The registered manager and provider had systems to ensure there was clear oversight in relation to infection prevention and control. There were robust infection control audits in place.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# St Ronans Nursing and Residential Care Home

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe, and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 25 January 2021 and was announced.

## Is the service safe?

### Our findings

S5 How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.