

Cavell & Lind Limited

The Gables Residential Home

Inspection report

22 Post Office Road
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Kings Lynn
Norfolk
PE31 6HS

Tel: 01485540528

Date of inspection visit:
22 April 2021

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18 May 2021

Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

The Gables Residential Home provides accommodation and personal care for up to 24 people. At the time of our inspection, 19 people were living at the service.

We found the following examples of good practice.

The registered manager had implemented an enhanced cleaning schedule to reduce the risks of transmission of COVID-19.

Personal protective equipment (PPE) was available and staff had been provided with scrubs clothing and a changing area.

The service provided ways for people to visit their relatives during the COVID-19 pandemic. Visiting arrangements had been discussed with families by emails and telephone calls. Families and carers could book visits to see their relatives in a newly created indoor visiting "Pod" and garden area. People using the service could video call or telephone their friends and family at any time.

The service had systems in place to ensure staff isolated for the required period should they test positive for COVID-19. Staff breaks whilst at work were staggered to ensure social distancing.

To enable staff in providing care safely, staff had received additional training in infection prevention and control and COVID-19 awareness. This ensured they understood the actions to take if they or the people using the service became symptomatic.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

The Gables Residential Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 23 April 2021 and was announced.

Is the service safe?

Our findings

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.