

Heanton Limited

Heanton Nursing Home

Inspection report

Heanton
Barnstaple
Devon
EX31 4DJ

Tel: 01172872566

Date of inspection visit:
21 December 2020

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16 April 2021

Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Heanton Nursing Home offers accommodation with care and nursing support for up to 52 older people. This report relates to the inspection of a five bedded wing with a separate entrance to the main premises. At the time of the inspection the wing was unoccupied.

We found the following examples of good practice:

There were clear plans and policies about how the wing would be used to keep people safe. The separate entrance would enable staff to arrive at work, follow donning and doffing procedures using a purpose built PPE and hand washing structure. They could then enter the wing, via a key code, without needing to access the main premises. A separate staff team had been sourced who would only work in the wing, including domestic staff. An area had been made to accommodate staff breaks adhering to social distancing.

All five rooms were clean and had separate laundry, waste and clinical waste bins. Equipment such as mobility aids, would be provided separately depending on each person's needs and included on the domestic cleaning schedule. The wing was able to be well ventilated and there was a large communal area which enabled social distancing.

Each room had been equipped for a comfortable stay and would also include televisions. Each person would have a family and friends contact form and be supported to use technology and phones to maintain regular contact with them. Additional wifi receivers had been sourced. There would be a brochure explaining visiting guidelines.

There were regular people and staff testing programmes in place. Contingency and admission plans were clear and included easy access to the wing by people arriving in an ambulance.

Safe procedures were known by staff to minimise the risk of transmitting Covid-19. Staff had received training on donning and doffing and on the coronavirus pandemic from various sources including local health and social care professionals, e-learning and from in-house training sessions. There were good stocks of all personal protective equipment (PPE). There were supplies of PPE available around the wing.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Heanton Nursing Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 21 December 2020 and was announced.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

We have also signposted the provider to resources to develop their approach.