

Mr and Mrs Allison Halsdown Nursing Home

Inspection report

243 Exeter Road Exmouth Devon EX8 3NA Date of inspection visit: 29 January 2021

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Halsdown Nursing Home is a 'care home'. providing accommodation for older persons who require nursing or personal care. Nursing care is managed by community nurses. It is registered to provide care for up to 17 people. People in care homes receive accommodation and nursing or personal care as single package under one contractual agreement. CQC regulates both the premises and the care provided.

We found the following examples of good practice.

• The premises were clean and well maintained. Additional cleaning schedules had been introduced since the beginning of the coronavirus pandemic. Care staff were managing the cleaning effectively ensuring each room, en-suite and equipment were clean and implementing a regular deep clean programme. High touch areas such as door handles, technical equipment and light switches were cleaned throughout the day. Hand sanitiser was readily available throughout the premises.

• There were trollies stocked with personal protective equipment (PPE) stationed around the home and each person had their own clinical waste bin to support the safe disposal of PPE worn by staff. Laundry was washed separately on a hot wash.

• There was a clear procedure for staff to follow, when arriving and leaving and at break times. For example, staff recorded their temperatures as soon as they came into the building. They donned and doffed their uniform in a separate changing room and did not wear their uniform outside the service.

• Staff accessed weekly testing. People who used the service were also supported to access regular testing.

• Staff supported people to remain in contact with their families in line with government guidance. Increased staffing supported this. A new garden gazebo and screened area had been made with a booking system to enable thorough cleaning. There was lots of staff engagement with people to ensure they did not feel isolated, with allocated time for 'something to make people's lives better'. Gifts were encouraged and managed safely.

• All staff had received recent training in infection control and prevention (IPC) and were seen to be following correct IPC practices at all times, including social distancing.

• The registered manager and providers were visible and supported staff. They promoted a positive support network ensuring staff felt valued and cared for. They had arranged a treat for when it was safe so staff had something to look forward to. All updates to UK Government guidance were shared with staff and family members.

• The registered manager sought support and advice from external agencies and was open to all advice and guidance offered. There was a contingency plan informing staff how to manage Covid-19 and a robust admission policy.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated



Halsdown Nursing Home

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

The Inspection took place on 29 January 2021 and was announced.

Is the service safe?

Our findings

S5 How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.