

# Bupa Care Homes (CFChomes) Limited Cottenham Court Care Home

## Inspection report

High Street  
Cottenham  
Cambridge  
Cambridgeshire  
CB24 8SS

Tel: 01954252626

Date of inspection visit:  
04 February 2021

Date of publication:  
19 February 2021

## Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

Cottenham Court Care Home provides accommodation, nursing and personal care to up to 62 people in one adapted building over two floors. There were 55 people living at the home during this inspection.

We found the following examples of good practice.

There was a purpose-built visiting area in place with a clear screen and sound system with call bell to separate visitors from people. Visitors could visit their family member/friend by appointment. Entrance and exits for visitors were a different door to the main entrance to the home. These visits had been suspended but have just restarted. Visitors would be COVID-19 lateral flow tested just prior to the visit and Personal Protective Equipment (PPE) would be made available.

On arrival into the building, external visitors including a health or social care visitor must wait to enter. They would then sign in, sanitise their hands and have their temperature checked. They also must answer a health declaration around COVID-19. There may be a request to take COVID-19 lateral flow test. Or demonstrate the result of their last COVID-19 PCR test. PPE would be made available.

Hand sanitiser facilities and PPE were available at entrances and exits to the home. Hand sanitiser and PPE stations containing stock, were also available in different areas throughout the home. Handwashing competencies took place to make sure staff followed their training.

People at the home and their named relative were communicated to re COVID-19 restrictions and updates including vaccinations via a letter. Phone calls and video calls were also available to people to stay in contact with friends and family. New computer tablets had been purchased to help people to stay in contact.

Communal furniture had been spread out to promote social distancing. Communal areas were uncluttered to aid with effective cleaning and windows were open to promote good ventilation.

Nurses at the home had been asked to take on district nurses delegated tasks for people on the residential areas of the home during COVID-19.

There were three infection control champions at the home.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Cottenham Court Care Home

## **Detailed findings**

## Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 4 February 2021 and was announced.

## Is the service safe?

### Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.