

SheffCare Limited

# Cotleigh

## Inspection report

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## Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

Cotleigh is a residential care home that provides accommodation and personal care for adults with a range of care and support needs, including adults who are living with dementia. The home can accommodate up to 62 people in one adapted building over two floors. At the time of this inspection there were 38 people residing at Cotleigh.

We found the following examples of good practice

Relatives and friends were encouraged to keep in contact with their loved ones via telephone and video calls. A visiting pod had been erected outside to facilitate face to face visits.

The premises were clean and well maintained. The home was undergoing a refurbishment programme to update the premises. For example, carpets were being replaced with laminate flooring.

Some people residing at Cotleigh were living with dementia and liked to walk with purpose along the corridors and in communal areas. Staff supported people to keep apart as much as possible to try and maintain safe social distancing. Frequent touch points, such as handrails were regularly cleaned.

All staff had received training in infection prevention and control and their competency in this area was regularly checked by managers. Staff were seen to be following correct practice in this area.

All people living and working at Cotleigh had been offered a vaccine and were regularly tested for COVID-19 in line with government guidance.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Cotleigh

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 4 March 2021 and was announced.

# Is the service safe?

## Our findings

S5 How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

We have also signposted the provider to resources to ensure the most effective disinfectant is being used to clean the floors throughout the home.