

Bedford Borough Council

Brookside

Inspection report

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Bedfordshire
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16 April 2021

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Brookside is a residential 'care home' providing accommodation and personal care to 18 older people and younger adults, who are living with a learning disability or dementia.

We found the following examples of good practice:

People had been supported to maintain their wellbeing and continue to take part in their preferred routines and activities. People were seen to be happy and relaxed taking part in activities such as gardening and cooking. The registered manager was being innovative to ensure people could still do what was important whilst staying safe and following best practice guidance.

In response to the COVID-19 pandemic, the registered manager and staff team had made efforts to help people understand the need for measures put in place such as increased use of Personal Protective Equipment (PPE) and social distancing. This was discussed in meetings and displayed in easy read formats around the service.

Visitors to the service took part in various checks to ensure that it was safe for them to enter the premises. This included a rapid test for COVID-19 (known as a lateral flow test) and a temperature check. Visits from friends and family were being facilitated in line with government guidance.

The service was visibly clean and changes had been made in various rooms to help promote social distancing. Extra cleaning tasks had been put in place and audits were undertaken, and used, to identify if further improvements could be made.

People and the staff team were supported to follow a routine testing regime. Extra support has been put in place for people to understand and take place if this was necessary.

Staff received training in PPE use and infection control specific to COVID-19. Staff felt well supported in their jobs and spoke positively about the support they received to stay safe whilst at work. This included thorough risk assessments being completed.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

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Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 16 April 2021 and was announced.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.